VOL XX NO. 6 Naval Hospital, Orlando, Florida June 1994

Coping with closure - Sunset to Sunrise

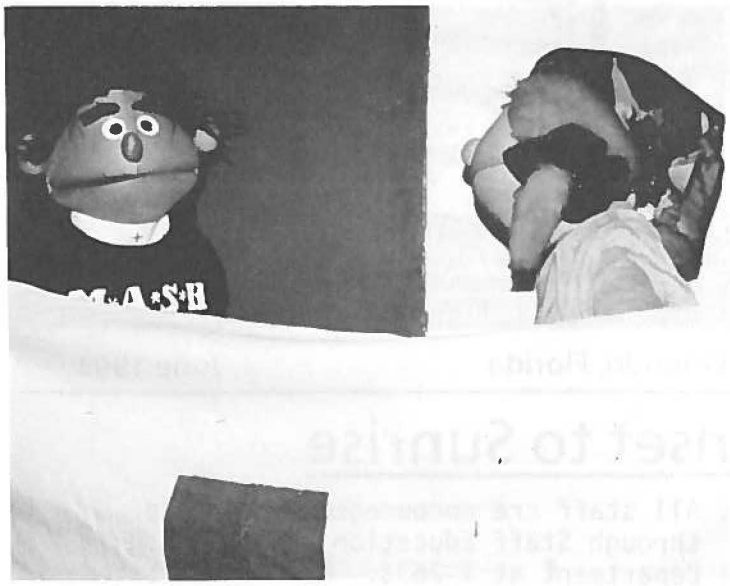
The closing of Naval Hospital, Orlando represents a major life change for all of us, civilian and military. While BRAC meetings and briefings focus on the future of Naval Hospital buildings, equipment, billets and the like, the closure process evokes personal emotional reactions. As with any major life change, it can be difficult, especially when that change is viewed as taking away something you value. This can be a stressful time. For some, this period of transition provides a challenge, an opportunity to grow, and to move on. For others, this change represents an inconvenience, such as an additional PCS move. Yet for others, this is a major loss of financial and job security as well as a way of life.

In acknowledgement of the diverse range of emotions in dealing with closure, a team of representatives from Staff Education and Training, Pastoral Care, Wellness Clinic, Mental Health, and Family Service Center/CAAC have developed a four-hour seminar, "Coping with Closure: Sunset to Sunrise." In presenting the final proposal to the ECGB, CDR Diaz and LT Mammino employed puppets in M*A*S*H attire for approval to conduct the workshop at the Rope Yarn on Lake Baldwin. Using puppets, vignettes from the last episode of M*A*S*H, and group discussion, the workshop provides a safe outlet for staff to express their feelings related to closure while deliberating stages of change, stress management and discussion of resources available to assist staff with closure. Workshops were held 25, 26 May and 8, 22, and 23 June from 1100-1500. A hot lunch was provided at minimal cost. All staff are encouraged to sign up through Staff Education and Training Department at X-2633. As closure becomes more of a reality, it's important to remember that no one is alone in this process, that our personnel are the most important resource of Naval Hospital, Orlando and, together, we will see this through.

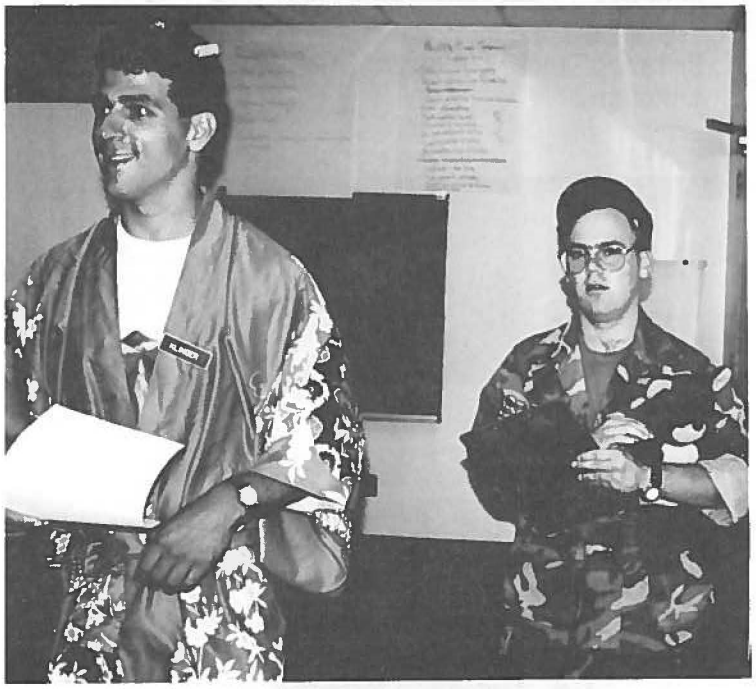
"Dr. Hawkeye Pierce" practices his speech for the Executive Committee of the Governing Body.

Continued on Page 2

Coping with closure (Continued)



"Hawkeye" and "Major Margaret Houlihan" give their pitch to the ECGB.



The ECGB received flyers advertising the seminars from "Klinger" and "Radar" (alias HM1 Louis J. Pullano and HN Brian K. Newhouse).

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IN MEMORIAM

CHIEF HOSPITAL CORPSMAN
WAYNE J. HITZEMAN

PASSED AWAY
24 MAY 1994

Chief Hitzeman, Occupational Health and Preventive Medicine Department, reported onboard 16 October 1989

IN MEMORIAM

MR. CASIMIR E. BALEKA
RADIOLOGY DEPARTMENT

PASSED AWAY
19 MAY 1994

American Red Cross

Volunteer hours for

May, 1,470

66 Active Volunteers - 2 new ones

Staff Pulse Beat

In conjunction with the celebration of the Navy Nurse Corps' 86th Anniversary on 13 May, Nursing Services announced their Nurse of the Quarter, 1st Quarter, 1994 -- LTJG Nicole D. Hancock, NC, USNR, Emergency Medicine Department. CAPT Carol A. Peterson, NC, USN, Director for Nursing Services, presented the special certificate and a hospital plaque.

The traditional Birthday Cake for the 86th was cut by ENS Ann M. Perry, NC, USNR, Emergency Medicine Department, and CAPT Miki Iwata, NC, USN, Head, Wellness Clinic.

16 May was promotion day for LTJG Darlene A. Vanhissenhoven, NC, USNR, Mental Health Ward. CAPT Carol A. Peterson, NC, USN, Director for Nursing Services, administered the Oath of Office.

Also on the 13th, there were two officer promotions for Nurse Corps. LTJG Bernardo Gonzalez, NC, USNR, Obstetrical Ward, received his new shoulder boards from LCDR Diane M. Holmes, NC, USN, his Charge Nurse, and his co-worker, Margarita Rivera, RN.

LTJG Lynn M. Petzing, NC, USNR, was administered the Oath of Office for her new rank by LCDR Richard L. Davis, NC, USN, and assisting her with her new shoulder boards were her sister, Jan Hoge, and CAPT Peterson.

Promotion day was a family affair for LTJG Ann M. Perry, NC, USNR, Emergency Medicine Department. Her son, Phillip, and husband, Rod, assisted with the new shoulder boards. Her Oath of Office was administred by LCDR Raymond J. Foster, NC, USN, Charge Nurse of the Emergency Medicine Department.

Award Ceremony of 18 May

Mrs. Antoinette M. Busby, RN, received the honors as Nursing Services' Nurse of the Year. LT Raymond J. Hood, NC, USN, Intensive Care Unit, presented the Certificate and a special plaque and CDR Lynnett R. Eidem, NC, USN, Associate Director, Nursing Services, presented a check from the late RADM Bartholomew Hogan's family. RADM Hogan was a former Surgeon General of the Navy who retired to the Central Florida area and always remembered the Nurses at Naval Hospital, Orlando.

Good Conduct Awards were received by these three: From left to right: HM2 Dean L. Rice, USN, Nuclear Medicine Division, Third Award; HM1 Beatress C. Little, USN, Patient Contact Office, Fourth Award; and HM2 Roger D. Woodall, USN, Operating Room Department, Third Award.

MS3 Brian K. Hanchett, USN, Food Service Department, received his First Good Conduct Award.

HM3 Lorenzo Boverseda, USN, Branch Medical Clinic, received his Second Good Conduct Award; and HM1 Peter G. Lauter, USN, Branch Medical Clinic, received his Second Award.

HM2 Genyi M. Ronayne, USN, Branch Medical Clinic, received a Letter of Appreciation from the Commanding Officer, Naval Hospital, Orlando for her participation on the Civilian Appreciation Day Committee. CAPT Rosalia F. Dy, MC, USN, Director, Branch Medical Clinic, made the presentation.

RP2 Kevin L. Edmonds, USN, Pastoral Care Directorate, received a Letter of Commendation from the Commander, Naval Air Force, U. S. Atlantic Fleet, for his superior performance as Religious Ministries Department Clerk aboard the USS ENTERPRISE (CVN-65). CDR John L. Diaz, CHC, USN, his Director, made the presentation.

Naval Hospital, Orlando recognized the April Physical Readiness Test high scorers: HM2(SW) Jonathan J. Bradshaw, USN, Occupational Health and Preventive Medicine Department, received the highest overall score for males and HM2 Dinorah Vazquez, USN, Nuclear Medicine Division, received the highest overall score for females. Petty Officer Vazquez's certificate was presented by LCDR Guillermo Olivos, MC, USN, and Petty Officer Bradshaw's certificate was presented by LCDR Nancy G. Hight, MSC, USNR, Audiologist.

The Deputy Commander in Chief and Chief of Staff of the United States Special Operations Command, MacDill Air Force Base, sent Letters of Commendation to three staff members for their outstanding support provided for the commissioning of the USS TYPHOON. The recipients were HM2 Patrick L. German, USN, Urology Department; HM2 Herman L. McCorvey, USN, Otolaryngology Department; and HN Timothy M. Taylor, USN, Dermatology Department. LCDR Bradley K. Weisner, MC, USNR, Head, Urology Department, made the presentations.

Letters of Appreciation from Commander, Naval Training Center, were awarded to the following personnel for their efforts in making the Job Fair of 14 April a tremendous success:

Ms Vickie S. Johnson
Inpatient Administration
Mr. Ray Gonzalez, Facilities
Management Department
Mr. John Sullivan
Operating Management Department
Mrs. Denise Stephens
Intensive Care Unit
Mrs. Christi Shelton
Quality Improvement
Ms Dee Jones
Personnel Management Department

What a check!

The Wellness Clinic sponsored the recent 5K Run, which was a huge success. The monies collected were donated to the Navy and Marine Corps Relief Fund Drive. CAPT Miki Iwata, NC, USN, Head of the Wellness Clinic, and CAPT Brant presented a check on 7 June in the amount of $1,376 to Ms Greta Cheatham, who accepted on behalf of the Navy and Marine Corps Relief Society. The volunteers who helped with the run were from left to right: LCDR Lee A. Powell, NC, USNR; LCDR Nancy Z. Tapp, NC, USN; HM1 Ada P.Seeker, USN; CDR Deborah A. VanLandingham, NC, USN; Ms Latasha L. Ferguson; and LT James A. Clindaniel, MSC, USN.

Award Ceremony of 25 May

The following personnel received Letters of Commendation from the Commander, Naval Training Center for their outstanding dedication to the Volunteer Services Network, Naval Training Center, Orlando and induction into the "100 Hours Club."

HMC Procopio B. Bardeloza, Jr., USN, Laboratory Department, received a letter for his support to the Give Kids the World, Orlando Shakespeare Festival, Sunshine Foundation of Canada, Project Uplift, Retirees Health Fair, and Junior Reserve Officer Training Corps Drill Team. CDR John J. Anderson, MC, USN, his department head, made the presentation.

HMC Rodel O. Maristella, USN, Laboratory Department, received a letter for his support of Green Up Orlando, Black History Month Festival, Cheney Elementary School, Multiple Sclerosis Bike Run, Give Kids the World, Project Uplift, Adopt a Family, and Southern Belle Easter Parade. CDR Anderson, his department head, made the presentation.

HM2 Darren M. Chlipala, USN, Occupational Health and Preventive Medicine Department, received one for his support to the Boy Scouts of America, Sunshine Foundation of Canada, Meals-on-Wheels, Disney World Marathon, and Naval Hospital, Orlando's 5K Run. He received a second letter fo his support of "Save the Wild Life." LCDR Nancy G. Hight, MSC, USNR, Audiologist, made the presentations.

HM2 Nestor N. Lumbo, USN, Pharmacy Department, received a letter for his support of the Lake Eola Track Shack, Sunshine Foundation of Canada, Orlando Shakespeare Festival, Winter Park High School Career Week, Childrens Health Fair, Give Kids the World, Retirees Health Fair, Project Uplift, Junior Reserve Officers Training Corps, Naval Hospital Gift Wrap, and Adopt a Family. CDR Franz R. Peterson, MSC, USN, his department head, made the presentation.

HN Richard J. Donahue, III, USN, Opthalmology Department, received a letter for his support of Civil Bike Patrol, Noncommissioned Officers Association, and Multiple Sclerosis. CDR Claude R. Poliak, MC, USN, Ophthalmologist, made the presentation.

HM2 Danilo S. Salazar, USN, Laboratory Department, received a letter for his support of the Naval Training Center's Library and Meals-on-Wheels. CDR Anderson made the presentation.

HN Nathaniel C. Neelsmith, USN, Outpatient Administration Division, received a letter for his support of the Boy Scouts Summer Camp. CAPT Michael E. Kilpatrick, MC, USN, Executive Officer, made the presentation.

HM2 Sherry L. McGlothlin, USN, Public Affairs Office, received a letter for her support as a member of the Command Color Guard for Command Retirement Ceremonies, Medical Corps Ball, Medical Service Corps Ball, Nurse Corps Ball, Parade the Colors, Opening of Little League, USS ALBERT W. GRANT Reunion, and School Sports Physical Marathon. CAPT Kilpatrick made the presentation.

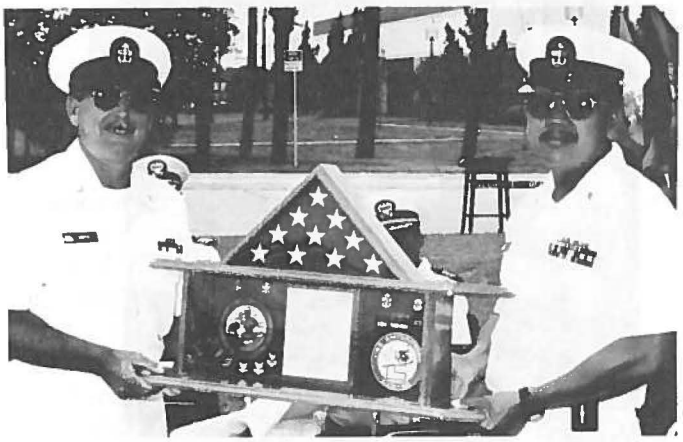
LT Jose R. Cintron, MSC, USN, Pharmacy Department, received the Navy Achievement Medal for his superior performance in the establishment of an index to Chapter 21, Manual of the Navy Medical Department. The index is a tremendously valuable contribution to the entire pharmacy community. CDR Peterson made the presentation.

Ms Ava P. Womack, Quality Assurance Department, received her Career Service Award for Fifteen years. Mrs. Joyce Dover, Head of Quality Assurance, made the presentation.

Promotion day for LTJG Rory J. Austin, NC, USNR, was on 3 June. His family was on hand to help with the new shoulder boards: his wife, Amien holding Nicholas, and daughter Destiney.

HMCS John G. Tebb, USN, Security Division, transferred to the Fleet Reserve on 26 May. During the ceremony, CAPT Brant presented him with the Navy Achievement Medal.

Mrs. Christine Tebb received a Certificate of Appreciation for her support of Senior Chief Tebb's career, and a Letter of Commendation from CAPT Brant for her outstanding performance as NHO's Ombudsman.



HMC Thurman L. Smith, USN, Medical Mobilization Office, transferred to the Fleet Reserve on 27 May. During the ceremony, he received his shadow box from HMC Rodel O. Maristela, USN, representating the Chief Petty Officers' Association.

Usually, the babies at NHO who make news are the first ones born in the New Year ... but this time, these babies are making the news because they are the last ones to be born at Naval Hospital, Orlando's Labor and Delivery Unit which officially closed on 31 May.

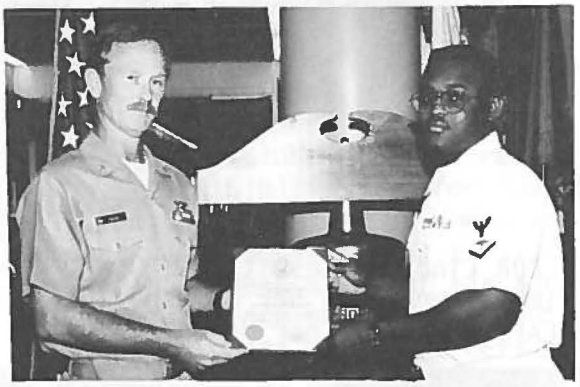
Baby Justin Anthony with his parents, Roger and Tina Bonesteel. Justin was born at 1947 on 31 May.

Baby Ashley poses with her mother, Myrna Ryan. Ashley was born at 2202 on 31 May.

LCDR Frank G. Conroe, MSC, USN, escorts his wife, Cindy, through the sideboys at the conclusion of his Retirement Ceremony on 9 June. During the ceremony, LCDR Conroe received the Navy Commendation Medal for his meritorious service.

Awards Ceremony of 8 June

HM2 Jeffery R. Medlin, USN, Ophthalmology Department, received his certificate, plaques, and a check from the Oak Leaf Club for being selected as Naval Hospital, Orlando's Senior Sailor of the Quarter for 1st Quarter, 1994. CAPT Harold A. Sloas, Jr., MC, USN, his department head, made the presentations.



HM3 Herschel B. Holden, USN, Operating Room Department, received his certificate, plaques, and a check from the Oak Leaf Club for being selected as Naval Hospital, Orlando's Junior Sailor of the Quarter 1st Quarter, 1994. LCDR Richard L. Davis, NC, USN, Operating Room Department, made the presentations.

Ms Ruth A. Robinson, OB/GYN Department, received her Ten-Year Career Service Award. LCDR Elizabeth A. Braitsch, NC, USN, her supervisor, made the presentation.

The following received Letters of Commendation from the Commander, Naval Training Center for support of the Volunteer Services Network and induction into the "100 Hours Club." CAPT Brant made the presentations.

HN Gregory S. Pruett, USN, Emergency Medicine Department, for support of NHO's Children's Fair, NTC Choir, NHO Fun Run, NHO Health Fair, Hospital Corps Birthday Celebration, School Physicals Marathon; Hispanic Heritage Fiesta, NHO Color Guard, and Retirees Health Fair.

CDR Teresita P. Mendoza, MC, USNR, Head, Pediatrics Department, for support of the School Physicals Marathon; Uniform Services Organization Dinner; Retirees Health Fair; Give Kids the World; Hospice of Central Florida; Asian-Pacific Heritage Week; Mothers To Be Clinic; and Florida East Hospital.

HM2 Patrick L. German, USN, Urology Department, for his support of Lake Eola's Disney in the Park; Walt Disney Cancer Institute; 5K Turkey Trot; National League of Cities; Disney 26K Fun Run, Orange Center Elementary School; Winter Park 5K Road Race; and Patrin Elementary Carnival.

HM3 Scott M. Weller, USN, Podiatry Department, received a Letter of Commendation from the Office of the Deputy Commander in Chief and Chief of Staff, United States Special Operations Command, MacDill Air Force Base, Tampa for his outstanding support in the commissioning of the USS TYPHOON. LT Garth H. Gibson, MSC, USNR, Assistant Director, Branch Medical Clinic, made the presentation.

Mr. Delvin M. Fields, Radiology Department, received his Thirty-Five-Year Career Service Award. CDR Lawrence T. Liu, MC, USN, his department head, made the presentation.

SK1 Joseph M. Bone, USN, Material Management Department, stepped briskly through the Sideboys on 10 June as he started separation leave with transfer to the Fleet Reserve effective 30 June.

More promotions on 10 June!

LCDR Curtis W. Ollayos, MC, USN, Laboratory Department, received his new shoulder boards from CAPT Brant and his wife, Christine.

LCDR Linda K. Nesbit, DC, USNR, Dental Department, received her new shoulder boards from CAPT Brant and her daughter, Jenni.

LTJG Theresa A. Lucas, NC, USNR, received her new shoulder boards from CAPT Carol A. Peterson, NC, USN, Director for Nursing Services, and her daughter Erin

BRIDGING THE GAP

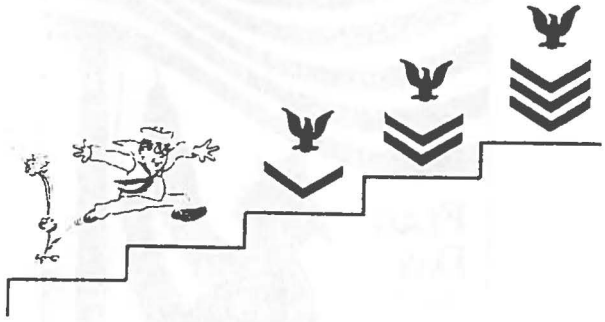
HMCM Richard L. Nelson, USN

Congratulations

I would like to congratulate everyone who was recently selected for advancement from the March 1994 exam. I know those that were selected studied hard and deserve to be advanced. All the individuals selected should take pride in their accomplishment.

Like the past exams, I feel that we should have had more selected. The major reason for non-selection appears to be test scores. To help raise the scores and the number of selectees for the September exam, the Staff Education and Training Department has added a number of new study aids to the Medical Library. First, there is a reference library that includes all the references listed in the Bibliography for Advancement. Studying these references will increase your knowledge and skills in your rating. Next a set of six advancement VCR tapes are being purchased by the Hospital Chief Petty Officers. These tapes can be checked out for home use or even copied. The last things available are study guides which include other ratings in the hospital, i.e. MS, SH, and SK.

The key to being successful in the next exam is to start taking advantage of this material now and not wait until August. This material is available for your use -- so please stop by the Medical Library and check it out TODAY!



CHAPLAIN'S COMMENTS

CDR John L. Diaz, CHC, USN

Feelings -- they're OK!

GRIEF . . . all of us, at some point in our lives will experience grief - the loss of someone or something.

Take Naval Hospital, Orlando - on 26 June 1993, the BRAC Commission voted to put NHO on the closure list. Then the process started with the ultimate stamp of approval on the closure list by Congress on 27 September 1993. This officially started the grief process. The epitaph for NHO could read:

Now does this mean the grief process stops on 2 June 1995? Not necessarily. Grief has its own time table and it's OK to grieve. We all do in one way or another. And the grief journey is different for all of us. The key is to be honest about our own feelings; sad, happy, angry, etc., and make those feelings work for us -- to function effectively. In other words, to become whole and healed. And, the process of healing is to talk about it. That's making our feelings work for us.

The Sunset to Sunrise Workshop is committed to "making our feelings work for us" . . . . letting go of the past and reaching out to a new beginning.

TIP

CAPT R. H. Brant, MSC, USN

A sincere thank you

I recently received a letter that I would like to share with you.

"Dear Sir:

This last year of the existence of the U. S. Naval Hospital in Orlando will be a sorrowful one for all of us who have been served by it.

"My husband, William G. Ferrigno, a retired Sgt. Major of the U.S. Marine Corps and I have enjoyed using the hospital on this base for 37 years. We have never known kinder, more caring doctors, nurses and attendants than at this hospital. I had an operation in February of 1991 and found out at first hand how proficient, efficient and gracious the Navy personnel were. I will carry their wonderful faces in my heart until my memory dims. All of them said 'We were just doing our job.' It was much more than that. They took a personal interest in their patients and that is something one does not forget. We had the feeling of being cared for as in a family.

"Thank you on our behalf and for all those who ever used this hospital. It and the Base has had a tremendous impact on our lives.

Sincerely,

/s/ Virginia M. Ferrigno"

Mrs. Ferrigno:

We too, will feel the sadness of having to close an organization that has served long and proud. We have committed ourselves to continue to work in such a way that the legacy of this hospital will be as you have described it. We are proud of ourselves and of the work we do. Thank you for noticing and for taking the time to write us.

TOTAL QUALITY LEADERSHIP

LT M. L. Dasch, MSC, USN

TQL in action

Quality improvements are being accomplished regularly at this command as people become more confident in practicing TQL. This month I'd like to highlight the accomplishments of the Referral PAT. How does a consult form go from the doctor's hand to the point where the patient has an appointment or is disengaged from the hospital to CHAMPUS? When the team began work, a consult took on the average of 9 days and went through 6 to 8 staff members before a patient was disengaged. Patients who could be seen in the hospital were able to get their consults completed in less time. This process caused patient and staff dissatisfaction. The team has streamlined the process. Beginning May 1 a revised process began which results in a reduction of time and personnel. The team will evaluate the revised process over the next month and do any fine tuning that may be required. The best part is that patients who are being disengaged will go from the doctor who wrote the consult to Coordinated Care Department and that's it! Two steps. The key to this is the participation of all clinics in updating Coordinated Care Department as to their types of appointments and availability. It's great when everyone can work together to provide better care, in less time. To see a team picture, the complete flow charts, and other data that the team put together stop by the TQL bulletin board outside the Lawson Room.

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